

Understanding Payers

Why is it Important to your Organization?



insurance

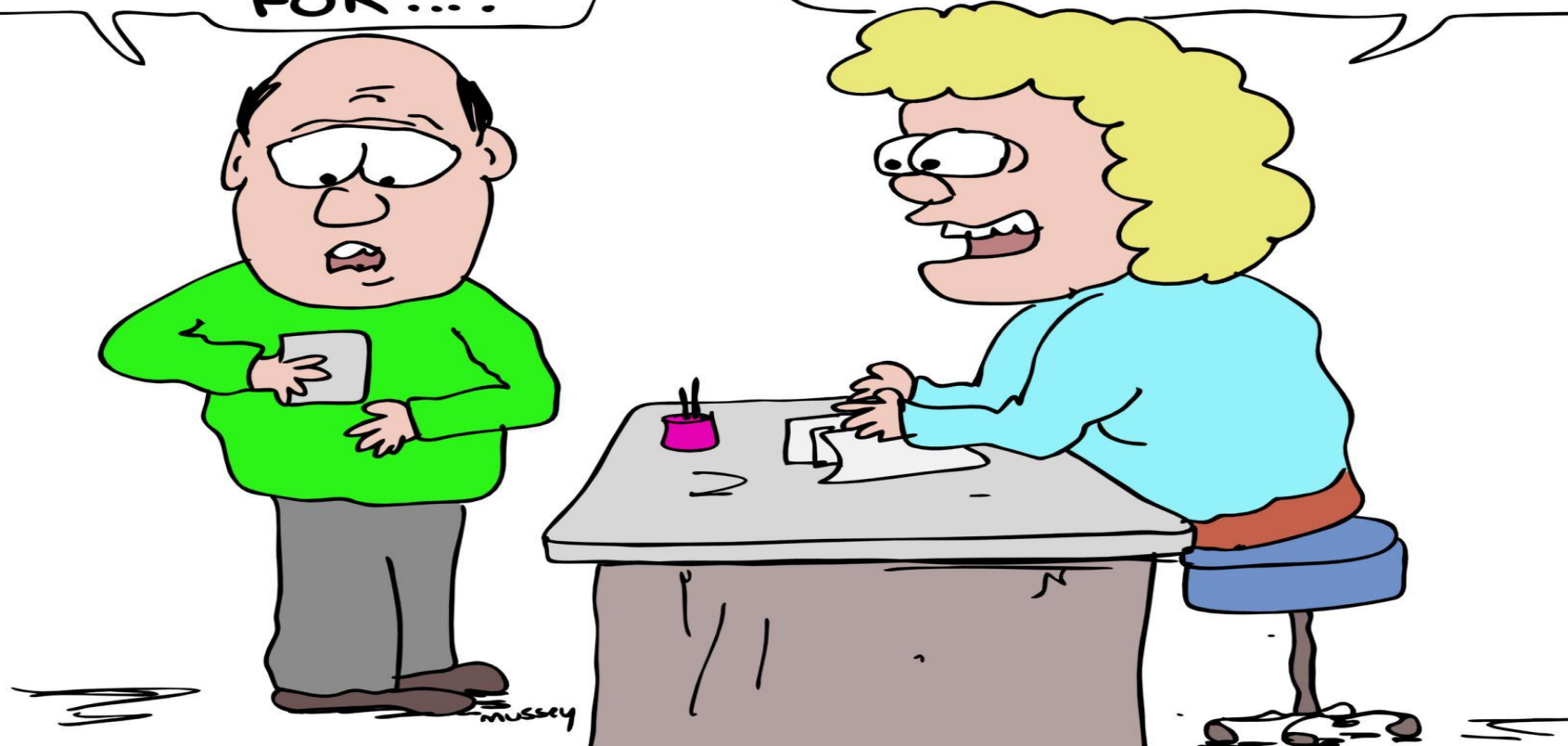


Overview

- Background
- Understanding Payers 101
- RCM in Relation to Data Collection
- Q&A

I HAVE THIS NEW
HEALTH INSURANCE,
BUT I DON'T KNOW
WHAT IT PAYS
FOR

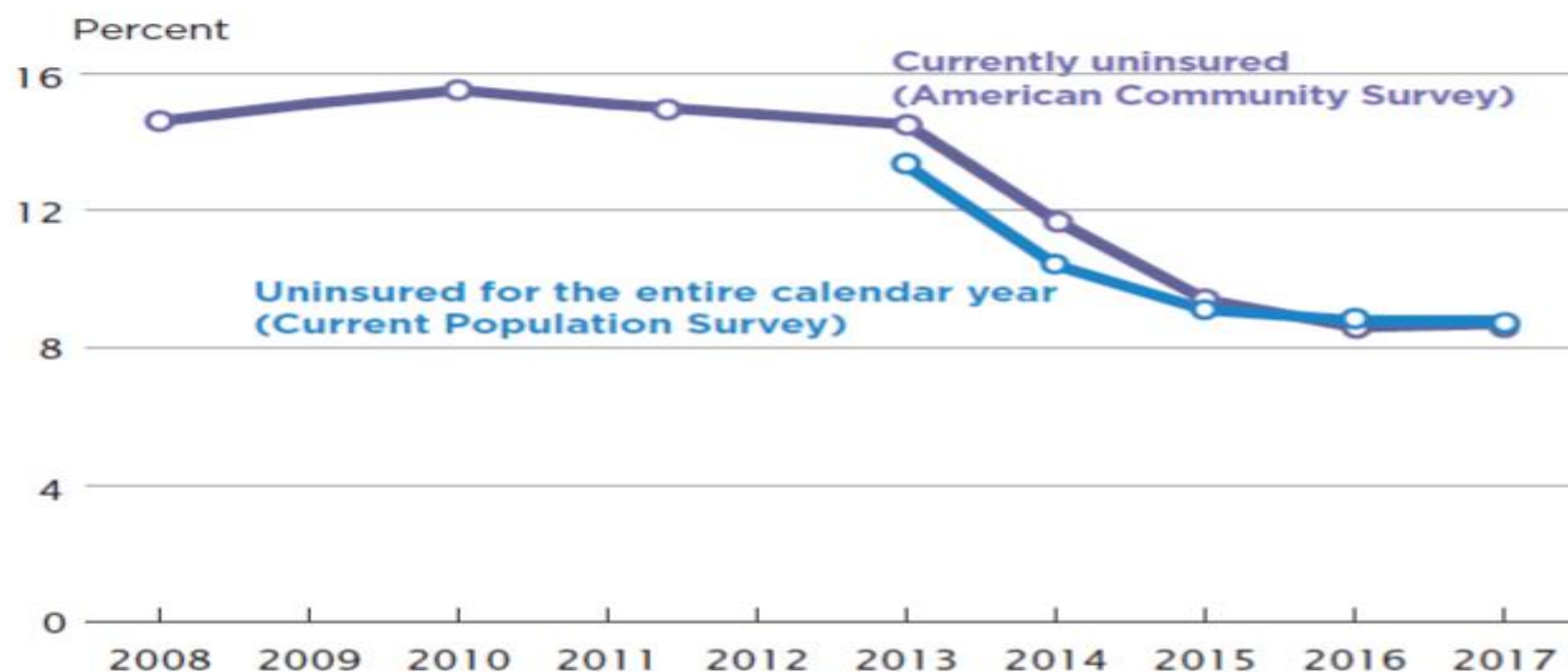
EASY! NONE OF
YOUR CURRENT MEDICINES
AND NONE OF YOUR
CURRENT DOCTORS!





What Does The Data Tell Us?

Figure 2.
Uninsured Rate: 2008 to 2017



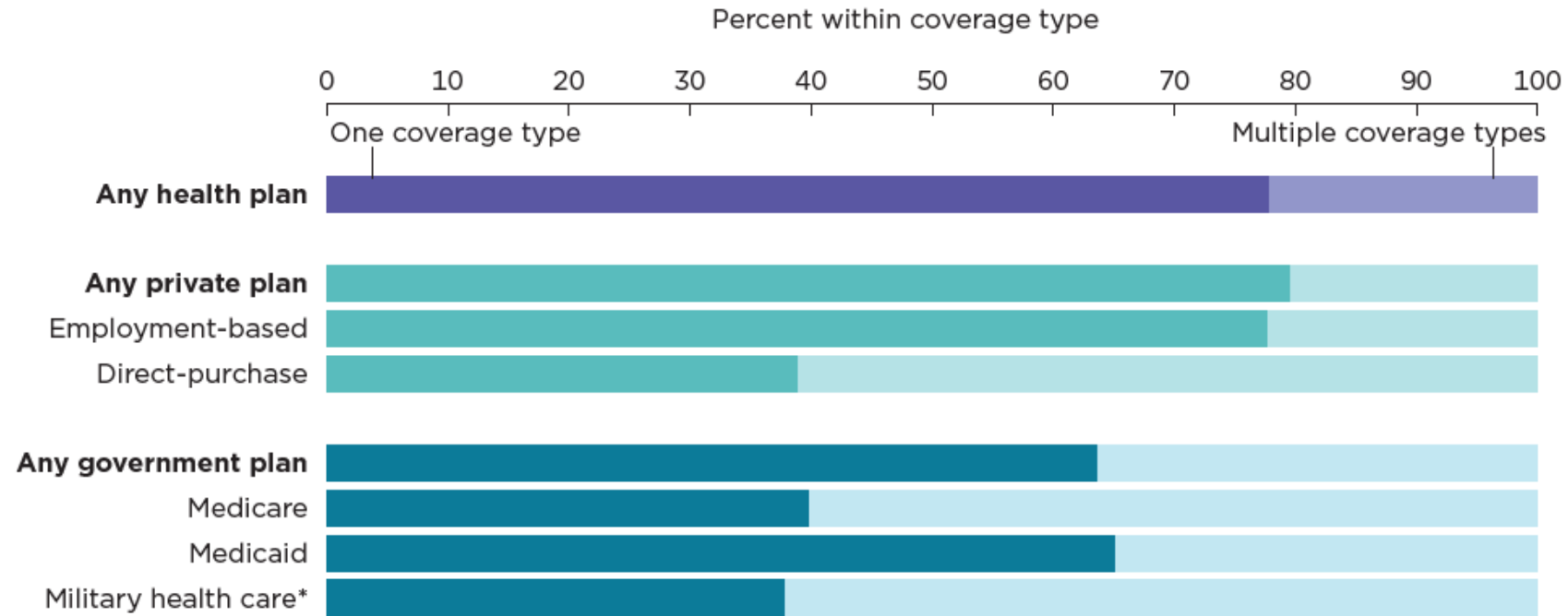
Note: Estimates are for the civilian noninstitutionalized population. For the Current Population Survey, estimates reflect the population as of March of the following year. For information on confidentiality protection, sampling error, nonsampling error, and definitions in the Current Population Survey, see <www2.census.gov/program-surveys/cps/techdocs/cpsmar18.pdf>. For the American Community Survey, estimates reflect the population as of July of the calendar year. For information on confidentiality protection, sampling error, nonsampling error, and definitions in the American Community Survey, see <www2.census.gov/programs-surveys/acs/tech_docs/accuracy/ACS_Accuracy_of_Data_2017.pdf>.

Source: U.S. Census Bureau, Current Population Survey, 2014 to 2018 Annual Social and Economic Supplements and 2008 to 2017 American Community Survey, 1-Year Estimates.

Figure 3.

Percentage With One or Multiple Coverage Types: 2017

(Population as of March of the following year)

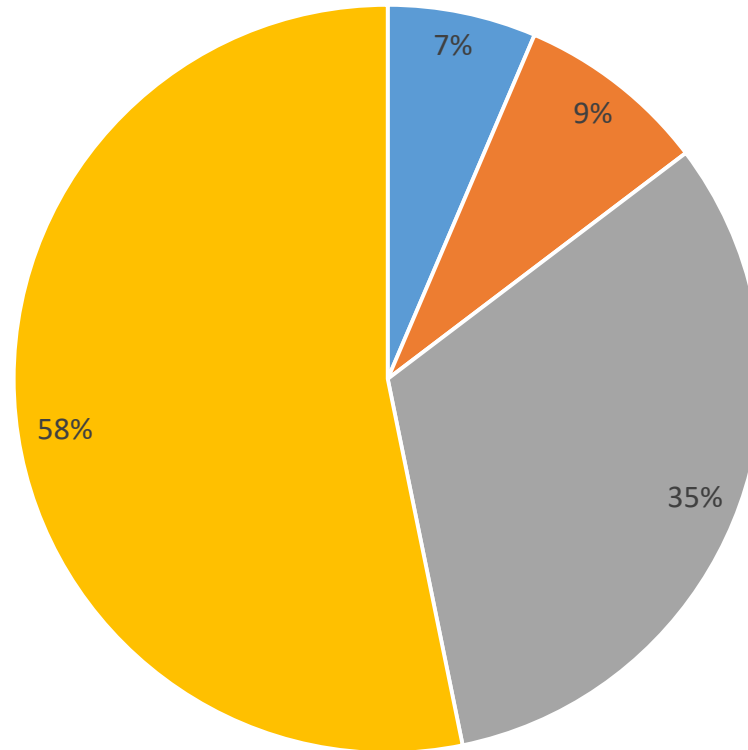


* Military health care includes TRICARE and CHAMPVA (Civilian Health and Medical Program of the Department of Veterans Affairs), as well as care provided by the Department of Veterans Affairs and the military.

Note: For information on confidentiality protection, sampling error, nonsampling error, and definitions in the Current Population Survey, see www2.census.gov/programs-surveys/cps/techdocs/cpsmar18.pdf.

Source: U.S. Census Bureau, Current Population Survey, 2018 Annual Social and Economic Supplement.

Source of Insurance Coverage in Colorado 2017 - CHAS



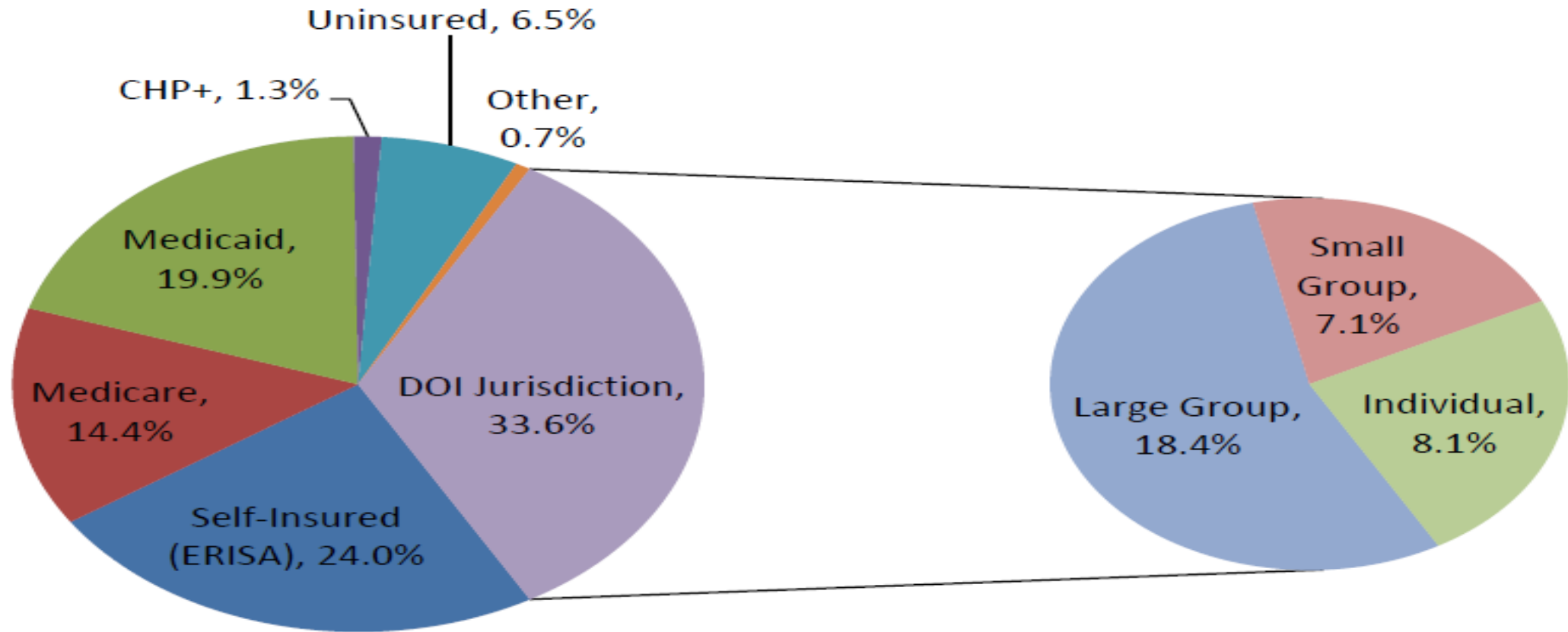
■ Uninsured ■ Individual ■ Government ■ Employment

| Colorado Health Insurance Covered Lives in 2017 ¹ CPS/CHCS Table 1 | |
|--|-----------|
| Colorado population | 5,538,000 |
| Insured | 5,047,000 |
| Uninsured | 491,000 |
| Jurisdiction of the Division of Insurance | 1,025,526 |
| Individual | 229,302 |
| Small Group | 256,722 |
| Large Group | 539,502 |
| Not Regulated by the Division of Insurance | 5,474,706 |
| Medicare | 754,000 |
| Medicaid | 918,000 |
| Military / VA | 275,000 |
| Self-Insured (Employer-based) | 3,527,706 |

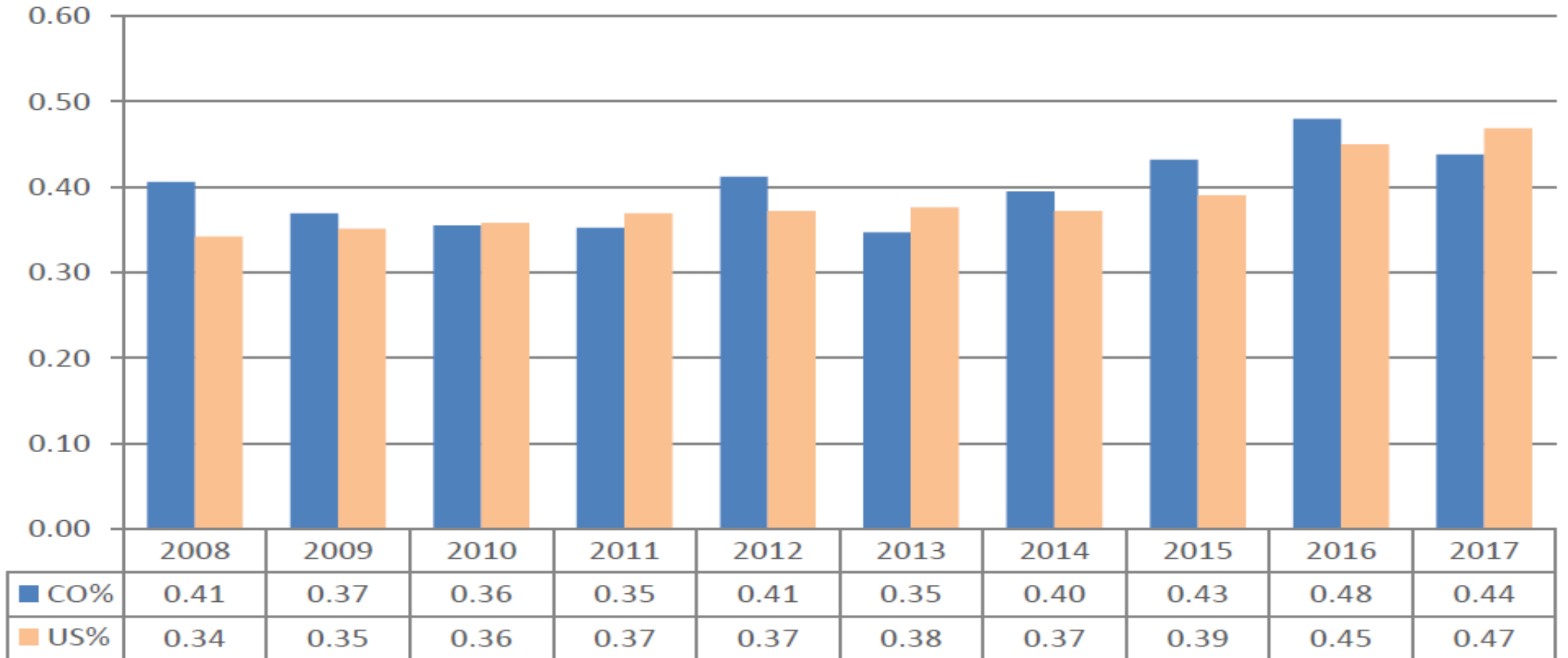
¹ Enrollment numbers in the above table may include multiple policies per person. Individuals may also be covered by both Medicare and Medicaid, or start the year with coverage from one plan and end the year with a different plan.

Breakdown of Sources for Insurance Coverage of Coloradans - CHAS & CIISR

Figure 3



Percentage of private-sector establishments that offer health insurance that self-insure at least one plan: Colorado and United States - MEPS Figure 4



■ CO% ■ US%

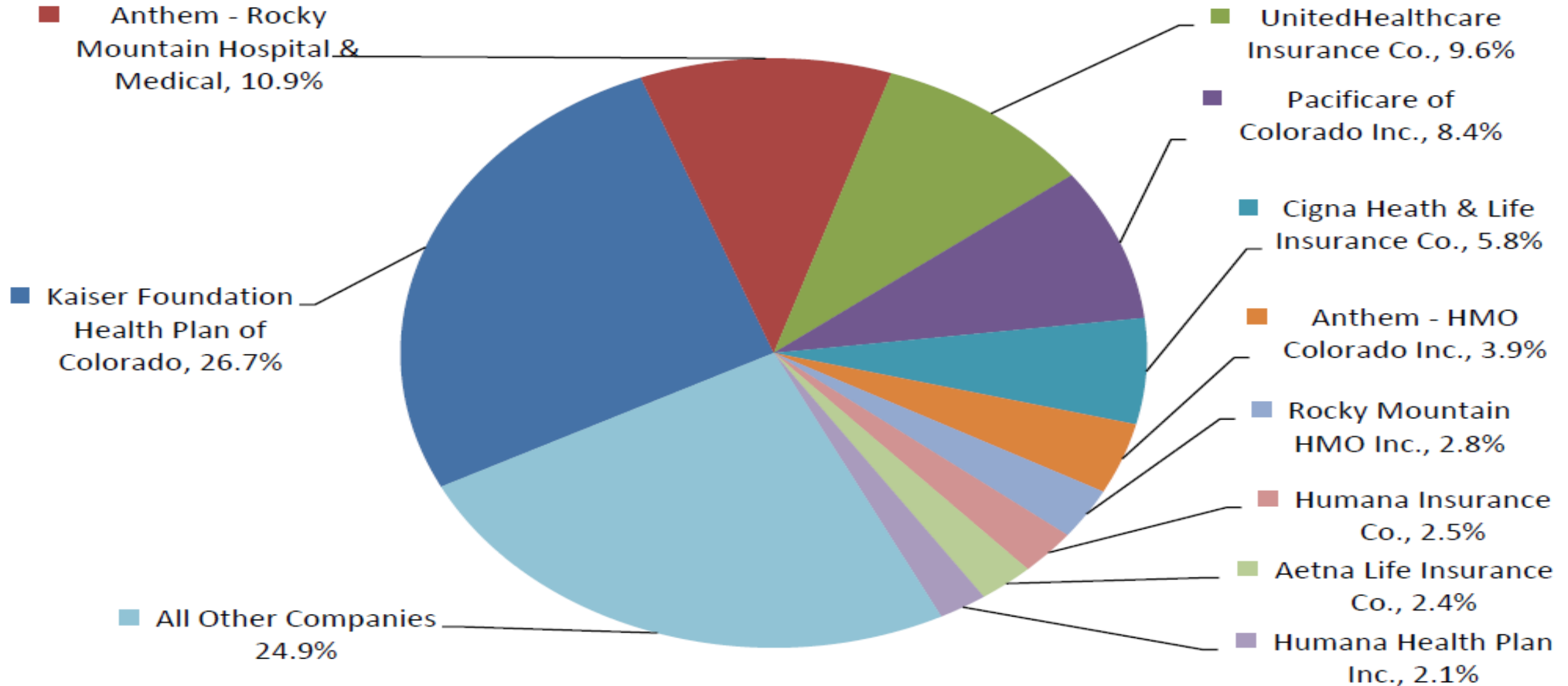
Average Premiums, Copayments, Deductibles and Contributions of Premium by available provider options - MEPS Table 4

| Single Coverage | Annual Average Total Premium | Average Copayment | Average Deductible | Annual Average Employee Contribution | Annual Average Employer Contribution |
|--------------------------|-------------------------------------|--------------------------|---------------------------|---|---|
| Exclusive-Provider Plans | \$5,980 | \$28 | \$1,951 | \$1,425 | \$4,555 |
| Mixed-Provider Plans | \$6,561 | | | \$1,361 | \$5,200 |
| Any-Provider Plans | \$6,868 | | | \$1,381 | \$5,487 |
| Family Coverage | Annual Average Total Premium | Average Copayment | Average Deductible | Annual Average Employee Contribution | Annual Average Employer Contribution |
| Exclusive-Provider Plans | \$18,146 | \$28 | \$3,721 | \$6,429 | \$11,717 |
| Mixed-Provider Plans | \$19,476 | | | \$5,020 | \$14,456 |
| Any-Provider Plans | Unavailable | | | Unavailable | Unavailable |

Increasing Deductibles

| Average Deductibles - MEPS Table 5 | 2013 | 2014 | 2015 | 2016 | 2017 |
|---------------------------------------|---------|---------|---------|---------|---------|
| Single Coverage | \$1,382 | \$1,453 | \$1,680 | \$1,888 | \$1,951 |
| Family Coverage | \$2,754 | \$3,095 | \$3,062 | \$3,481 | \$3,721 |

Market Share for Top 10 Companies in Colorado Based on Written Premiums 2017 - CIISR Figure 9



Understanding Payers 101



Health Maintenance Organization (HMO)

4 Different Models

1. Staff Model
2. Group Model
3. Network Model
4. Independent Practice Association (IPA)

- ✓ No out-of-network benefit, except emergency services
- ✓ PCP coordinates all care outside of an emergency



Health Maintenance Organizations (HMOs)

Pros

- Lower monthly premium
- Lower deductibles
- Lower co-insurance/co-payments

Cons

- PCP coordinates all care
- Narrow network of providers
- No out-of-network benefits

Preferred Provider Organization (PPO)

- ✓ Insured flexibility
- ✓ PCP not required
- ✓ Insured can see any healthcare practitioner – inside or outside of network
 - ❖ In-network providers = lower out-of-pocket expenses
 - ❖ Out-of-network providers = higher out-of-pocket expenses



Individual Plans

- Available to individuals who are self-employed or do not have access to employer or government-sponsored insurance
- Coverage is less comprehensive
- Premiums and deductibles tend to be higher than employer-sponsored plans

Effective January, 1, 2014:

- Affordable Care Act prohibits health insurance carriers underwriting based upon health status.
- Colorado essential health benefits required for every health insurance policy issued.

Colorado Essential Health Benefits

- Ambulance patient services
- **Emergency services**
- Hospitalization
- Maternity and newborn care
- Mental health and substance use disorder services
- Prescription drugs
- Rehabilitative and habilitative services and devices
- Laboratory services
- Preventative and wellness services and management of chronic diseases
- Pediatric services, including oral and vision care



Small Group Market Plans

Business groups of 2 to 50 employees*

Require employers to have mandated benefits: (Colorado also requires...)

- ☐ ACA Essential Health Benefits
- ☐ Clinical Trials
- ☐ Congenital anomaly
- ☐ DME
- ☐ Diabetes care management
- ☐ Oral anticancer medications
- ☐ Mastectomy coverage
- ☐ Off label RX drugs for cancer



Health insurers are required to do the following:

1. Guarantee renewal of policy
2. Premium can only be based on smoking status, industrial classification, age, family size and geographic region.

**In 2016, Colorado opened the Small Business Health Option Program exchange for employers up to 100 FTEs.*

Large Group Market Plans

- ✓ Only available to employers with 50 or more employees
 - Colorado requires 101+ FTEs
- ✓ Requires Essential Health Benefits
- ✓ Flexible benefit design & less regulated due to negotiating power



Self-Insured Plans

- ✓ Referred to as “self funded” health insurance plans
- ✓ Common with many large employers
- ✓ Administered by a Third Party Administrator



1. Regulated by Employees' Retirement Income Security Act (ERISA)
2. Employers by stop-loss insurance to limit risk

- Not subject to state laws & regulations
- Prompt payment laws do not apply
- Network adequacy provisions do not apply



ERISA



Dora

Department of Regulatory Agencies

Division of Insurance



Health First
COLORADO™

Colorado's Medicaid Program

CMS

CENTERS for MEDICARE & MEDICAID SERVICES

- Federally, administered health insurance program
- Available for individuals over the age of 65 or individuals with specific disabilities, such as ESRD
- Paid for by payroll taxes from working individuals for Part A coverage
- Member premium charge for certain coverages, such as Part B, C or D



*Colorado statutes do not apply to Medicare traditional policies or Part C programs
(Medicare HMOs)*



Health First COLORADO™

Colorado's Medicaid Program

- Free, state-sponsored health insurance program
- Administered by the Department of Health Care Policy and Financing
- Available for low-income families with children and certain individuals with disabilities

Colorado's income limits for Medicaid qualifications are:

- 142% of FPL for children 0 – 18 years
- 195% of FPL for pregnant women
- 138% of FPL for nonelderly adults



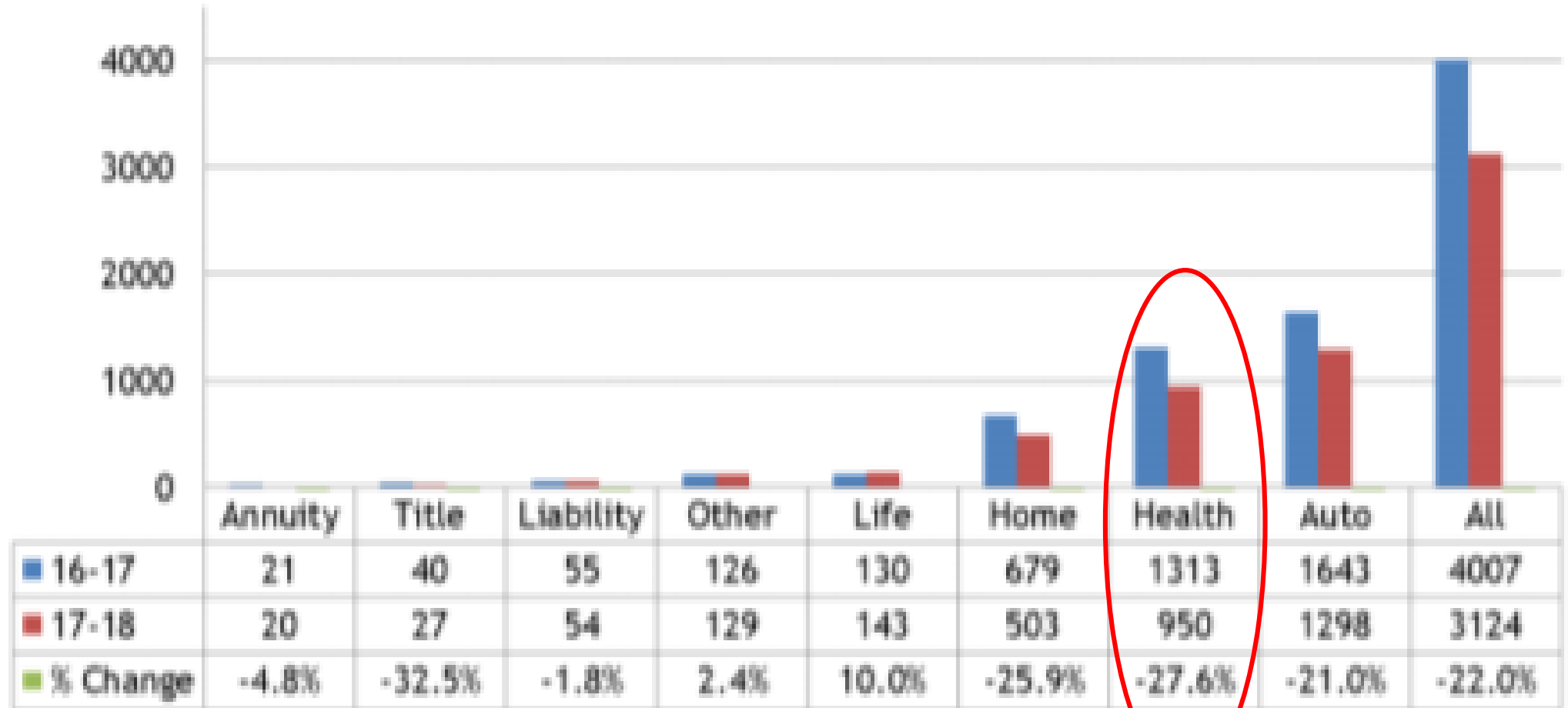
Dora

Department of Regulatory Agencies

Division of Insurance

- Regulates health insurance coverages for over 1M Coloradans
 - Individual
 - Small Group
 - Large Group
- Oversees network adequacy
- Provides legislative support and yearly reporting
- Manages and investigates consumer and healthcare provider complaints

Consumer Services Opened Complaints Year-over-Year Comparison





ERISA

Employee Retirement Income Security Act of 1974 (ERISA)

1. COBRA
2. HIPAA

A federal law that sets minimum standards to provide protection for individuals in employee-sponsored health plans and retirement accounts.

Establishes 4 minimum requirements for plans:

1. Provide plan participants with plan information regarding features and funding
2. Provides fiduciary responsibilities for those who manage and control plan assets
3. Requires plan to establish a grievance process for participants
4. Gives the participants the ability to sue for benefits and breach of fiduciary duty.

Data Collection

How will Revenue Cycle Management (RCM) be impacted?

Reporting Requirements

- A selected to report must do so in the form and manner and at the time specified by the Secretary
- If a selected and do not report, then may be subject to a 10 percent payment reduction, unless the hardship exemption
- Opportunity to request a review of the application of the penalty

Public Availability

- Information collected available through the CMS Website

General

- Requires notice-and-comment rulemaking
- May use a cost survey
- Collect (1) cost; (2) revenue; (3) utilization; and (4) other information determined appropriate by the Secretary
- Include information: (1) needed to evaluate the extent to which costs are related to payment rates; (2) on the utilization of capital equipment and ambulance capacity; and (3) on different types of ground ambulance services furnished in different geographic locations and low population density areas
- May revise the system over time

Representative Sample

- Select a representative sample of providers and suppliers from whom to collect data
- Determined based on the type of providers and suppliers and the geographic locations
- May not be request same provider or supplier to submit data in two consecutive years

Where the Law Ended Up: Cost Collection



Revenue

Medicare Revenue

- Medicare Fee for Service only
- Medicare allowed revenue is defined as the amount allowed by Medicare, not what Medicare pays. This will include the beneficiary share regardless if collected by the ambulance operation.
- Do not include Medicare Advantage (Part C) reimbursement
- Do not include Medicare beneficiary membership fees

Medicare Revenue (Example)

[illegible]

Medicare Average Payment Concept

| Average Payment/Transport | | | |
|---------------------------|--------------|---------------|----------------|
| Service Level | Total Volume | Total Revenue | Revenue/Volume |
| A0426 | 58 | \$21,050 | \$362.93 |
| A0427 | 365 | \$193,100 | \$529.04 |
| A0428 | 154 | \$40,830 | \$265.13 |
| A0429 | 166 | \$53,210 | \$320.54 |
| A0433 | 61 | \$31,560 | \$517.38 |
| A0434 | 16 | \$9,800 | \$612.50 |

Subscription Programs

1. Place membership programs into two categories:
 - Medicare
 - All other
2. Report only Medicare Net Revenue



Net Revenue = Medicare Patient Membership Revenue – Medicare co-pays not billed.

Example

[illegible]

Medicaid

Revenue calculation includes:

- Medicaid fee-for-service
- Medicaid managed care
- SCHIP fee-for-service

$$\textit{Total Billed Charges} - \textit{Total Write Offs} = \textit{Medicaid Revenue}$$

| Medicaid Revenue | | | | | | | |
|------------------|-----------|--------------|--------------|------------|------------|-----------|-----------|
| Payer Type | Tx Volume | Billed | C/A | Net | Payment | Write Off | Balance |
| | | | | | | | |
| Medicaid FFS | 1,000 | \$ 900,000 | \$ 648,000 | \$ 252,000 | \$ 239,400 | \$ 2,520 | \$ 10,080 |
| Medicaid HMO | 1,500 | \$ 1,350,000 | \$ 972,000 | \$ 378,000 | \$ 370,440 | \$ 5,557 | \$ 2,003 |
| | | | | | | | |
| Total | 2,500 | \$ 2,250,000 | \$ 1,620,000 | \$ 630,000 | \$ 609,840 | \$ 8,077 | \$ 12,083 |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |

\$621,923

Other Plans

Includes:

1. Commercial Health Plans (this should not include MC/MD plans)
2. Contracts or other arrangements with facilities
3. Veterans Administration
4. Tricare
5. Other government-sponsored plans (excluding Medicare/caid)

$$\textit{Total Billed Charges} - \textit{Total Write Offs} = \textit{Other Plan Revenue}$$

| Other Plans Revenue | | | | | | | | | |
|---------------------|---------|------------|-------------------|------------------|-------------------|-------------------|-----------------|------------------|--|
| Payer Type | Payer | Tx Volume | Billed | C/A | Net | Payment | W/O | Balance | |
| Commercial | BC/BS | 325 | \$ 300,625 | \$ 60,125 | \$ 240,500 | \$ 182,780 | \$ 3,656 | \$ 54,064 | |
| | Cigna | 40 | \$ 37,000 | \$ - | \$ 37,000 | \$ 25,900 | \$ 259 | \$ 10,841 | |
| | Aetna | 15 | \$ 13,875 | \$ - | \$ 13,875 | \$ 10,823 | \$ 108 | \$ 2,944 | |
| | Tricare | 23 | \$ 21,275 | \$ 12,340 | \$ 8,936 | \$ 8,489 | \$ 85 | \$ 362 | |
| | V/A | 6 | \$ 5,550 | \$ 3,219 | \$ 2,331 | \$ 1,399 | \$ 14 | \$ 918 | |
| Facility Contracts | | 128 | \$ 57,600 | \$ - | \$ 57,600 | \$ 51,264 | \$ 513 | \$ 5,823 | |
| | | | | | | | | | |
| Total | | 537 | \$ 435,925 | \$ 75,684 | \$ 360,242 | \$ 280,654 | \$ 4,634 | \$ 74,953 | |
| | | | | | | | | | |

\$355,608

Public Funding

- State or Local Tax subsidy or income
- Grant dollars
 - SAFER grants
 - Worker Training
 - HITECH
- Donations
- Revenue received from governmental authorities that are not tied to patient specific services, but provided for entire ambulance operations.

Public Funding

Do **NOT** include revenues that are not dedicated specifically for the provision of ground ambulance services.

Uncompensated Care (UCC)

Separate into four categories:

1. Dual eligible
2. Bad debt
3. Charity Care
4. Subsidies by state & local jurisdictions for UCC

Dual Eligibles

1. Optional reporting but useful to better evaluate ambulance service delivery risks and future reimbursement strategies.
2. Uncollectable revenues related to beneficiary share not covered by Medicaid.
3. Ambulance suppliers and providers must demonstrate efforts to collect these amounts to report.



Bad Debt

- Ambulance transports invoiced but ultimately not collected despite efforts to do so.
- Needs to be payer category & service-level specific
- If an ambulance supplier or provider writes off bad debt in a general ledger and continues collection, Medicare will not recognize this as bad debt.

Medicare recognizes Medicare bad debt when collection efforts cease and there is no reasonable expectation of recovery.

Charity Care

Allowable Revenue

- Any amount related to a discount given based upon the ambulance supplier or providers charity care policy or financial assistance policy (FAP)
- Co-insurance, co-payments and deductibles can also be considered charity care and the patient has met the ambulance supplier or providers charity care policy or FAP policy.

Charity Care

Non Allowable Revenue

- Patient discounts outside charity policy or FAP policy
- Prompt pay discounts
- Employee discounts

Subsidies for UCC

- Certified Public Expenditures (CPE)
- Intergovernmental Transfers (IGT)
- Local tax subsidies
 - Millage tax
 - Utility tax
 - Any other fee assessed by local gov't or ambulance supplier/provider
- Provider Assessments

Other Sources

- Dispatch services
- Billing services
- Rental income
- Community Education
- Income from interest and investments
- Fundraising
- Donations



Contact Information

Asbel Montes

Senior Vice President

Acadian Ambulance Service

Asbel.montes@acadian.com

337.291.3310

